



### Wonder Garden: Afternoons with Mrs. Austin

The afternoon program will continue from our morning program with its rhythmic idea of *breathing in* and *breathing out*. **Breathing in** is a time for a quieter activity such as rest and story time and lunch, while **breathing out** is a time for more active lessons such as crafts, physical activities like music or yoga, and working in the garden. We will move from the **in-breath** of lunchtime to the **out-breath** of outdoor activities each day.

From this approach, it is our hope that your child will have had a full and exhilarating day as well as plenty of time for reflective, imaginative and peaceful rest where the angels can do their good work.

The curriculum has been born of what we know about child development according to what science and psychology says at this time, as well as what we understand to be taking place within the child according to the beliefs of the New Church. Here is a sampling\* of what your child will experience in the afternoons.

\*Our menu and specific daily options may vary as we develop the program and depending on the weather.

Monday	Tuesday	Wednesday	Thursday
<u>Transitioning</u> 12:15-12:45  Lunch: Grilled cheese on whole grain bread and peeled carrot sticks.	<u>Transitioning</u> 12:15-12:45  Lunch: Whole grain pasta and parmesan cheese and fresh applesauce.	<u>Transitioning</u> 12:15-12:45  Lunch: Egg and Toast sandwiches and fruit leathers.	<u>Transitioning</u> 12:15-12:45  Lunch: Fruit and Yogurt smoothies and homemade bread and butter or cream cheese.
<u>Rest</u> 12:45-1:30  Quiet time with story and occasional puppetry/story telling with hand or rod puppets.	<u>Rest</u> 12:45-1:30  Quiet time with story and occasional puppetry/story telling with hand or rod puppets.	<u>Rest</u> 12:45-1:30  Quiet time with story and occasional puppetry/story telling with hand or rod puppets.	<u>Rest</u> 12:45-1:30  Quiet time with story and occasional puppetry/story telling with hand or rod puppets.
<u>Create</u> 1:30-2:00  Practical, Creative Activity: Map making, construction crafts, modeling with varied mediums, collages.	<u>Create</u> 1:30-2:00  Practical, Creative Activity: Yoga or games	<u>Create</u> 1:30-2:50  Practical, Creative Activity: Gardening	<u>Create</u> 1:30-2:00  Practical, Creative Activity: Play acting through story and song, and instruments.
<u>Play</u> 2:00-2:50  Outside time:  Down to the Powell house stream, visits from local storytellers.	<u>Play</u> 2:00-2:50  Outside time:  Forest adventures, building forts, searching for and learning about wildlife.	<u>Play</u> 2:00-2:50  Outside time:  Working in the garden	<u>Play</u> 2:00-2:50  Outside time:  Outdoor games: parachutes, balls, hopping bags, obstacle courses etc.

1 Afternoon a week: Add \$90 on to your regular tuition per month.

2 Afternoons a week: Add \$180 on to your regular tuition per month.

3 extended days (8:00-3:00) a week: \$610 total

4 extended days a week: (8:00-3:00) \$815 total

Afternoons Only: 3 days: \$320 per month

4 days (Mon-Thurs): \$385 per month